

### **Task Manager for Windows Users**

Windows users can use the 'Task Manager' utility to review the performance of their computers by pressing Ctrl + Shift + Esc.

Once open, click on the three lines in the upper left corner and select the 'Performance' option, then on 'Memory' in the graph window.

If you see high memory usage, you're probably running out of RAM regularly.

The good news for Windows computers is that virtually all manufacturers and models allow RAM to be upgraded. The bad news is that there are so many types of RAM for so many generations of motherboards that it could get overwhelming for non-technical users.

If you know your exact model and manufacturer, websites such as Crucial (<https://bit.ly/3RTcE55>) and Kingston (<https://bit.ly/41vgHb7>) offer online tools to search for compatible memory upgrades.

It's also possible that replacing your existing memory modules with larger ones instead of trying to add to the existing memory is a better upgrade.